# **College Success Skills**

Ed 107. Sec. 3 & 4 Fall 2017

Meeting Time and Place: Sec. 3:11-11:50 Mondays

Sec. 4:1-1:50 Mondays

Room 018F of the Library, in the TLC

Professor: Jake Wozniak

**Office:** 018G

**Phone:** 715-346-4315

Email address: jwozniak@uwsp.edu
Office hours: By Appointment

**Purpose:** The purpose of the class is to give students the college success skills necessary to be successful at UW-Stevens Point. Among the skills we will explore throughout the course will be motivation, time management, study skills, test taking skills, habits and self-efficacy.

Learning Outcomes: Upon completing this course, students will be able to:

- Describe why a college education, in particular a liberal education, is important to them.
- ❖ Identify barriers to college success, as well as ways to overcome those barriers.
- ❖ Identify and apply appropriate note-taking, test-taking, and time-management strategies to their academic studies.
- ❖ Describe the importance of co-curricular involvement and how it enhances their academic study at UWSP.
- ❖ Identify and utilize UWSP programs, resources, and services that will support their academic studies and co-curricular involvement.

# **Grading Procedures**

You will receive credit according to the following point system:

Class attendance	15 points	Points	Grade
History as a Student	5 points	100-93	A
Individual Meeting	5 points	92-90	A-
Active on Campus Assign	10 points	89-87	B+
Book Quizzes	10 points	86-84	В
Time Management Project	10 points	83-80	В-
In-Class Shares	5 points	79-77	C+
Final Exam Options	15 points	76-74	$\mathbf{C}$
Weekly Assignments	25 points	73-70	C-
Total	100 point	69-60	D
	-	Below 60	F

#### Class Attendance (15 points)

Attending class meetings and arriving promptly are expectations for the course. If you must miss class, please email me as soon as you know you will be missing a class meeting. Participation expectations include having required readings completed before class, bringing necessary materials (course text, equipment for taking notes), listening attentively to others, being respectful of instructor and peers, contributing to class discussion/activities, and completing assignments by the due date.

1 point will be given each class period for attendance, for a total of 15 points. If you miss more than 2 class periods, you will lose a half a letter grade for every absence over two.

# **Individual Meeting (5 points)**

Meet with me outside of class time to discuss how your semester is going and how our class is going. Meetings will be the 2 weeks after Spring Break.

#### **History as a Student** (5 points)

1 ½ page reflection on your history as a student leading up to this semester, why college is important to you and what you plan to get out of your time at UWSP.

#### Active on Campus (10 points)

Students will be given places on campus to visit or events to go to. Students will have to go to 4 of the events, for 2.5 points each.

# **Book Quizzes** (10 points)

Students will purchase and read 'The Best Four Years' by Adam Shepard. A reading will be assigned each week and 5 quizzes will accompany the reading, worth 2 points each.

### **Time Management** (10)

Students will look at how they manage their time and will write a paper on what they find.

#### **In-Class Shares** (5)

Each class period will begin with students sharing challenges and successes they had during the previous week. Each student must share at least one of each during the semester. Each student will also share a video or article on motivation, grit or an academic success skill at the beginning of a class period at some point during the semester.

#### **Final Exam Options (15)**

A few different options will be given to earn points for the final exam. All will be worth 15 points.

### Weekly Assignments (25)

Most weeks, there will be additional assignments due. These assignments will account for the final 30 points of your grade.

\*Because the assignments in this course are all designed to help you to improve as students, all must be completed. If at the end of the semester you have more than 2 assignments that have not been completed, regardless of your grade in the class, you will receive an Incomplete.

Week	Class Topic	
Week 1	Syllabus, Goal Setting	
Week 2	Counseling Services	
Week 3	Grit, Overcoming Failure	
Week 4	Learning Styles	
Week 5	Time Management	
Week 6	Review Time Management	
Week 7	Test Taking Skills/Test Anxiety	
Week 8	Textbook Comprehension	
Week 9	Study Skills/ Individual Meetings	
Week 10	Note Taking Skills/Individual Meetings	
Week 11	Study Skills	
Week 12	Self-Efficacy	
Week 13	Study Skills	
Week 14	Prep for Final Exams-Study Prep, stress relief	
Week 15	Turn in Student Development Plan	

# **UWSP Community Bill of Rights and Responsibilities**

UWSP values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, a set of expectations have been developed for all students and instructors. This set of expectations is known as the Rights and Responsibilities document, and it is intended to help establish a positive living and learning environment at UWSP. For more information go to: http://www.uwsp.edu/stuaffairs/Pages/rightsandresponsibilites.aspx.

The Rights and Responsibilities document also includes the policies regarding academic misconduct, which can be found in Chapter 14. A direct link can be found here: http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/SRR-2010/rightsChap14.pdf.

## **Americans with Disabilities Act**

The Americans with Disabilities Act (ADA) is a federal law requiring educational institutions to provide reasonable accommodations for students with disabilities. For more information about UWSP's policies, check here: <a href="http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/ADA/rightsADAPolicyinfo.pdf">http://www.uwsp.edu/stuaffairs/Documents/RightsRespons/ADA/rightsADAPolicyinfo.pdf</a>.

If you have a disability and require classroom and/or exam accommodations, please register with the Disability Services Office and then contact me at the beginning of the course. I am happy to help in any way I can. For more information, please visit the Disability Services Office, located on the 6<sup>th</sup> floor of the Learning Resource Center (the Library). You can also find more information here: http://www4.uwsp.edu/special/disability/.